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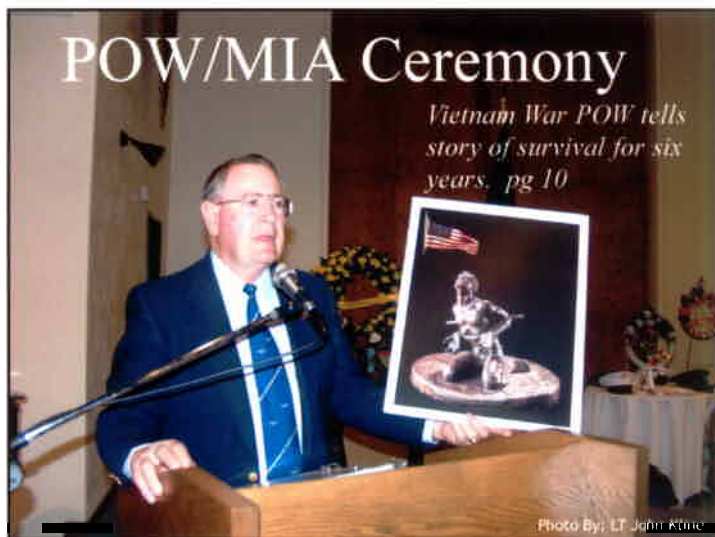


Photo By: LT John Kline



They washed, scrubbed, cleaned and wiped for a good cause.

Find out how the officers ward room washed cars to help raise funds for this year's Navy Ball. pg. 6

Photo By: LT David Rodriguez



Once again the bright lights shine, as NAF El Centro Children's Theater takes to the stage. pg. 4

Plus:

*Strike receives new OIC
pg. 3*



Photos By: J01 Carmichael Yopez



Without knowing, they briefly ran into each other at boot camp. Twenty years later, brothers retire same place. pg. 9



MA's use everyday training in real life rescue

By MA3 Marco Vacca
Security Department

It was in the afternoon when the two Sailors were driving back from San Diego. They had been in training and certification of Katya, Naval Air Facility El Centro's bomb sniffing military dog. They were driving on I-8 near the town of Jacumba when they saw a person waving for help on the side of the road. The decision they had to make to render assistance would be an experience they would never forget.

As MA2 Cory Bankston and MA3 Michael Jensen got closer to the man, they saw a truck rolled over on the side of the road.

"At this time we began going over a game plan on how we were going to handle this," said Bankston. "When we got there, the pickup was rolled over resting on the passenger side on top of a big boulder. There was even more danger because the truck was facing the opposite direction of traffic."



Photo By: JO1 Carmichael Yopez
MA3 Michael Jensen and MA2 Cory Bankston are part of the NAF El Centro K-9 unit. "Thanks to our training at work, we knew exactly what to do."

Jensen rushed to the scene while Bankston used his cell phone to call for help. The driver seemed unconscious as he lay on top of the boulder protruding through the window. He was severely hurt.

"I tried shouting at him to see if he could respond," said Jensen

Soon other people arrived and offered to help. The man was trapped inside the vehicle and the only way to pull him out was to break the windshield.

"Cover your face sir, I'm going to try to break the window," Jensen shouted.

The truck was on a slope and

every time he kicked the window, the truck would rock, as it was unstable on the ground. The only thing preventing the truck from rolling down into a ditch was the boulder it was sitting on.

Jensen tried numerous times to break the window with no avail. With the assistance of another person who arrived, Bankston secured the truck with a winch to prevent it from rolling down. Jensen finally broke the windshield with a pair of metal hooks.

The victim woke up as Jensen and other people were finally able to drag him out. Bankston rushed to his patrol unit to get his first aid kit and began to bandage the victim's head and hands. Soon the California Highway Patrol and paramedics arrived relieving Bankston and Jensen.

"We were pumped up, but once muscle memory took over, we didn't have to do a lot of thinking to get the job done," said Jensen. "This is an experience we will never forget."

Naval Air Facility El Centro Branch Medical Clinic adds wall of honor

By JO1 Carmichael Yopez
Editor

The one thing that was missing at the NAF El Centro Branch Medical Clinic was a wall of honor, but thanks to HM1 Michael Murray, that problem

has now been solved.

"Every Naval medical facility has a Wall of Honor," said Murray, who thanks to the help of his fellow corpsman was able to complete the wall. "It displays

those who have received the Medal of Honor in the medical field."

The wall is located in the waiting area at the base clinic. There are a total of 27 recipients

ranging from WWI to the Vietnam War. Twenty-two of the recipients are corpsman, one dental officer, three doctors and one civilian surgeon.



Photo By: JO1 Carmichael Yopez
Branch medical personnel stand next to the Wall of Honor they created in the lobby of the base clinic.

The Sandpaper is an authorized publication for members of the military services and their families. Its contents do not necessarily reflect the official views of the U.S. Government, the Department of Defense (DoD), or the U.S. Navy and do not imply endorsement thereof.

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New Officer in Charge takes over Strike Fighter

By ENS Jeffrey Somers

Strike ESO

On Monday August 23, NAF El Centro's Strike Fighter Wing Pacific Maintenance Unit received a new Officer in Charge as LCDR Thomas "Tom" Seidenwand relieved LCDR Richard Braunbeck during a change of charge ceremony in Hangar two.

LCDR Seidenwand, a native of Dearborn, Michigan, is coming from Commander, Naval Air Forces U. S. Atlantic Fleet where he assisted in the F/A-18E/F East Coast Basing establishing the War fighting

Requirement's Office and aligning it with Fleet Forces Command's Requirement's Office.

During the ceremony, guest speaker CAPT Vincient F. Shorts, Commander, Strike Fighter Wing, U.S. Pacific Fleet presented Braunbeck with a Navy and Marine Corps Commendation Medal.

LCDR Braunbeck's new assignment will be at the Navy's Post Graduate School in Monterey, California to obtain a Masters of Science degree in Management.



Photo By: LT David Rodriguez

LCDR Tom Seidenwand speaks to Strike Sailors during the Change of Charge ceremony. LCDR Richard Braunbeck's new assignment is to the Navy's Post Graduate School in Monterey, CA, to obtain a Master's degree in management.

Mother flies across ocean to witness sons pinning ceremony

Strike Sailor joins the Chief's club

By JO1 Carmichael Yopez

Editor

It was the big day he'd been waiting for.

On Thursday September 16, ADC (AW) Mark Siongco from Strike Fighter dawned for the first time the coveted khaki combination cover during his pinning ceremony at the Mirage Club on base.

The pinning ceremony signifies the most important event in an enlisted persons career as it marks the transition from a blue shirt to khaki uniform.

When Siongco first found out he made Chief, he was on temporary orders to Whidbey Island in the state of Washington.

"Talk about getting week in the knees," said Siongco. "The first thing I did was call the wife to give her the good news. It was the best feeling ever."

At the age of 19, Siongco set a goal that he would retire with the anchors. He almost missed that goal as he was almost going on 19 years in the

Navy.

"I may have cut my goal too short, but better late than ever," said Siongco "Now I'm staying for the long haul. The Navy has been good to me. Its taken care of me and my family and I have taken care of it."

To celebrate his joyous occasion, Siongco's mother Concepcion, his two aunts, including a cousin who is a retired Navy Master Chief, flew all the way from Sinajana, Guam to witness his promotion.

"This is my son," said Mrs. Siongco with a proud voice as she squeezed her son with a hug. "I am very happy."

Siongco's family joined together in the most important part of the ceremony. His wife Elsa, his mother, sons Mathew, Thaddeus, Mark and daughter Jacqueline pinned the anchors on their new Chief, Chief Siongco.



Photos By: JO1 Carmichael Yopez



Top photo: Proud mother Mrs. Concepcion Siongco traveled from Guam to see her son's promotion ceremony.
Above left: Wife Elsa, his mother and sons pin on the Chief's anchors.
Above right: Senior Chief William Moore presented Chief Siongco with the Chiefs Creed.
Left: Chief Siongco is asked to join the ranks with the rest of the NAF El Centro Chiefs.





Once Again the Bright Lights Shine

By Wendy Douglas
Director

The stage was set once again on Tuesday August 2nd as the base children entertained theatergoers with three new comic plays.

"There's No Such Thing as Monsters", "A Mixed-Up Fairytale" and a folk tale Called "A Caterpillars' Voice" were the three plays performed with each participating child taking part in at least two plays.

In "Monsters", 7-year-old Dolores Flores played a girl who is scared of monsters under the bed and 7-year-old Arianna Turner played a little monster under the bed scared of humans up above. They take turns fretting and assuring there is no such thing as a monster or a human by their siblings played by 6-year-old Breanna Jensen and 10-year-old Jody Wells. In the end all four girls take a peek to make sure there are no humans or monsters. Their surprised looks cause the

audience to laugh at the end of the play.

In the second play, "A Mixed-Up Fairytale" the Wicked Fairy Stepmother finds out from her magic mirror played by Jody Wells that she still isn't the fairest in the land. When the wicked fairy stepmother locks 8-year-old Ann Marie Wells, who plays Cinderella in a tower, she sheds real tears. She can't get down and go to the ball unless she finds out the name of Rumpelstiltskin, the prince. 10-year-old Christopher Jansen is 'Stiltskin, who is accompanied by his faithful horse played by 4-year-old Rachel Duwel. The audience quickly figures out that even Rumpelstiltskin has a hard time remembering his own name. To the aid of Cinderella comes the Frog Prince, played by 8-year-old Harley Douvier, who eventually finds out the name of Rumpelstiltskin for her.

In the end Cinderella can-



Photos By: J01 Carmichael Yopez

The NAF El Centro Children's Theater has been one of the most successful programs on base. It has expanded the imagination of many children here.

not remember the name the Frog Prince told her, but then neither does Rumpelstiltskin, so they go off to the ball anyway.

In the third play, one of the youngest actors, 4-year-old Dawson Douvier makes his acting debut as the Caterpillar in "

A Caterpillars' Voice". This play featured every actor in the group either as a leopard, rhino, elephant, butterfly, jackal, hare or frog.

To date there have been 32 children who have performed with the group within the past year. I have been able to direct the plays thanks to the Internet. I have been able to obtain them for free from different children's theater websites. Each play runs between five and 45 minutes. The play writes only ask as a payment, for the scripts, that we mention them in the program.

The Children's theater has been a great way for NAF children to expand their skills and imagination. The convenience of having a nice stage and a very willing MWR, who has helped us with props, printing scripts, programs, and fliers as well as a little money for scenery paint makes it a perfect setting for children to learn.

I will be moving this fall and I am hoping someone can take over the program. The children are wonderful and the rewards are great. If you are interested you can call me at 370-3827.





Cat in the Wall

Keen hearing helps MA's rescue trapped kitten

By AB2 Michele Adair

Security

It was time for MA2 Jason Lowry and his partner DoD Security Officer Don Grove to do a foot patrol.

After walking around the building they decided to go in for a drink of water at the Mirage Club when all of a sudden they heard a cry for help.

"Meow, meow." It was the sound of a kitten trapped in the wall between the Sundowner Bar and the restaurant at the club.

The two officers quickly



NAF El Centro fire fighters had to punch a hole in the wall to rescue the helpless kitty.

searched a storage room moving boxes and furniture without luck, but the helpless kitten was still meowing for help.

Lowry looked in the ceiling when he noticed a hole.



"Its trapped in the wall," said Lowry.

When the fire department arrived, Lawry pointed to the location where the kitten was trapped. Within a couple of minutes the

fire fighters punched a hole in the wall rescuing the little cat.

It was a happy ending for "Lucky" as his new owner named him. MA2 Lowry adopted him the same day.

Security hosts National Night Out

By MA3 Marco Vacca

Security Department

On Tuesday, August 3rd, NAF El Centro residents had an evening of fun and games while learning about community safety awareness during the 21st Annual National Nightout event held at the NEX parking lot on base.

Thanks to the NAF El Centro Security, Fire and Medical Departments along with other local law enforcement agencies, the evening turned out to be a fun learning experience for

base residents.

One of the most popular events was the IDENT-A-KID program sponsored by the Imperial County Sheriffs Department where more than 100 children had their pictures taken.

The California Highway Patrol made everyone realize what its really like to drive under the influence of alcohol when they used some special goggles to demonstrate what its like to drive while intoxicated.



The goggles have a super thick glass that doubles your vision making it impossible to drive without hitting any obstacle.

Most importantly was



left: MA3 Christina Turnage helped children in the face painting booth. Above: The Seacadets helped at the information booth.

learning the importance of of a seatbelt.

how seatbelts help save

lives. Children were able

to see how a dummy was

thrown out a crash

simulator without the use

Other activities

included face painting.

balloon tosses, a

moonwalk ride and the

dunk tank.

Naval Air Facility El Centro launches Exercise Solid Curtain

By MA1 (FMF) Jeffrey Stephens

Security Department

Naval Air Facility El Centro recently completed "Exercise Solid Curtain" an exercise that helped sharpen the response to a real world terrorist attack. The show of extra force was part of a nation-wide training exercise that took place the first week of August..

The exercise lasted two days and tested the efficiency and effectiveness of the bases ability to respond to a possible terrorist attack. Overall the event was a success. Varied departments worked together to ensure the safety of the base we call 'Home'.

Security manning was increased and daily operations to include base access was randomly changed to prevent a visible pattern that a terrorist could use for attack.

The Security Department would like to thank everyone who participated, and those who may have had their normal routine interrupted for a short time. We appreciate your patience and understanding as the results of this exercise helped to develop a level of security that makes us feel comfortable and proud to call this "Pearl of the Desert" our home.



Wardroom -- takes challenge to raise

By JO1 Carmichael Yopez
Editor

On Wednesday, September 22nd, the officers at Naval Air Facility El Centro spent a couple of hours washing cars raising close to \$1,000 for this year's Navy Ball.

"Having the officers wash cars was a great fund raising idea," said ITC Jon McPherson. "Everybody wanted to bid on an officer making it harder for them to get out of participating."



Photos By:
JO1 Carmichael Yopez





funds ... for Navy Ball

"A lot of us could of got out of washing cars, but that wasn't the idea," said Administration Officer, LT Rodney Sanchez. "It was for a good cause, and it was actually fun to get out of the office for awhile."

To date, more than \$8,000 have been raised surpassing the amount raised last year for the Navy Ball.

The top three bids fell on Commanding Officer, CAPT Paul Ziegler with \$243, Public Affairs Officer, LT David Rodriguez with \$85 and Executive Officer, Daniel Dennison with \$47.

When Southbay Superintendent, Armando Jimenez pulled up in his raised F250 Crewcab it took two sprayers and a couple of ladders to wash down his vehicle. The officers looked like children on a jungle gym as they scrubbed and washed the monster truck.

Once the truck was done, within a couple of minutes Jimenez was back in line this time with his wife's SUV.

"I wash them every weekend at home," said Jimenez. "But we like to support the Navy functions the base has. Besides it was a good chance for me to take a break."



The Navy Ball will be Saturday October 16, at the Mirage Club commencing at 6 p.m. Uniform for active duty is:
E-1 to O3
Dinner Dress Blues (Jacket Optional)
O4+ (Mini medals for both)
Dinner Dress Blue Jacket
Civilian
Men suit and tie
Women formal attire
For more information on contact Ensign





NAF Sea Cadets learn Navy discipline during first weekend drill

By ABF2 (AW) Robert Chiaravalloti

Sea Cadet Executive Officer

The United States Naval Sea Cadet Corps, Desert Eagle Squadron, held their first monthly weekend drill September 10th through 12th on base.

The drills were held every second and third Saturday of the month, but one day was not enough to accomplish the training objectives required. The solution was to have the cadet's check into billeting on Friday evening, allowing them to train on Saturday from 5 a.m. to 8 p.m., checking out Sunday afternoon.

That Friday the cadets arrived at 6 p.m. and checked into the new barracks. Once their rooms were issued, the participated during evening colors. They stood in formation in dress whites next to the flagpole as they watched Cadet Gabriel Juarez accompany duty section personnel to do colors.

Following colors the cadets proceeded to the Security Department where they received a demonstration on how to take a suspect into custody. Prior to hitting their racks when taps was sounded at 10 p.m., they received their watch bill. The cadets stood two-hour



Photos By: Pedro Alaniz



watches walking their posts in a military manner and learned how to properly fill in a duty logbook.

At zero five hundred hours on Saturday, the cadets stood outside their rooms in dress

whites ready for room inspection. From there it was off to the galley for breakfast and a full day of training.

They began their training with aircrew survival gear and night vision goggles training. From there it was off to the big pool for some physical fitness activity. A tour of the British C-130J followed. Then they drilled in rifle manual and Honor Guard maneuvers and read some Basic Military Requirements.

The pace slowed down in the evening with a movie about USS CONSTELLATION (CV-64) and some rest. Once again the watch was posted and taps sounded.

On Sunday morning the cadets checked out of their rooms and held an awards ceremony where Cadets Gabriel Juarez and Jennifer Mejia received Letters of Appreciation for their participation during NAF El Centro's National Night Out.

On September 14 the cadets again rose to the occasion as they took part in the POW/MIA ceremony at the base chapel. The cadets were in dress whites saluting guest as they entered the chapel and assisted by handing out candles and programs during the ceremony.

Cats are known for having many lives ... and many kittens

By MA2 Capri Griffith

Security

Cats are known for their beauty, mysterious air and resourcefulness, but they also known for being fertile.

One female cat and her offspring have the potential to produce 420,000 kittens in seven years—the majority of them ending up homeless and unwanted.

With that kept in mind, here are the top seven reasons to have your cat spayed or neutered.

1. The most important reason is simply that there are too many unwanted litters of kittens.
2. Unwanted cats that are not terminated or adopted are often

abandoned and become wild.

Wild cats can carry diseases as well as harm the populations of wild rodents and birds. As a result, a large wild cat population can have a damaging effect on the environment.

By having your own cat spayed or neutered, you can ensure that your pet will not contribute to the problem.

3. Un-spayed female cats go into heat several times a year.

4. Male cats not been neutered are more difficult to care for.

5. It is better for your cat's health to be spayed or neutered. For example unwanted pregnancy in an already ill or aging cat can be

fatal.

Neutered male cats have less chance of getting injured in fights over females cats.
6. Spayed or neutered cats are often more friendly with their owners.

7. Getting your cat spayed or neutered will save you money in the long run. First, it can save you money by eliminating the need to replace furniture that has been damaged by a female cat in heat, or a male cat marking its territory. Next, since the procedure is fairly cheap, it may save you a lot of money by preventing health problems in your pets.

NAF El Centro Navy Ball

Saturday October 16
at the Mirage Club

6 p.m. No Host Reception

7 p.m. Dinner

Uniform for Active Duty
Dinner Dress Blue /W
(Mini Medals)

Civilian

Men, Suit and Tie

Women, Formal Attire

Honoring the 229th
Anniversary of the U.S. Navy



Mersino brothers retire at NAF El Centro

By **JO1 Carmichael Yopez**

Editor

Did you ever get confused with the wrong Mersino? Did you even know there was two of them.

For those who couldn't figure out who was who, on Friday, September 10th, we were finally able to figure it out, when both Mersinos were piped ashore during their retirement ceremony at the Fitness Center on base.

Only 11 months apart AM1 (SW) Robert Mersion and younger brother AZ1 David Mersino joined the Navy at the age of 21 in 1984.

"I just wanted to get out of the house and be on my own," said Robert. "So one day I decided to join the Navy."

Three weeks later Robert was marching to the galley, when to his surprise the first thing he saw was his brother David.

"He was there eating at a table and it was like we both saw each other at the same time. We saw each other for about five seconds because I had to continue in line. All we were able to do was exchange a few gestures but were able to understand each other. I think I must of said something like, dude what are you doing here and he must of said what's up."

Robert saw his brother one more time while at boot camp and was able to talk to him for about a minute.

"These guys are a bunch of cry babies," David said.

This was the last time they would cross each other until they both ended up in El Centro 20 years later.

This time, the conversation they had, was about their retirement ceremony. Although they



were technically at two different commands, Robert was attached to NAF and David worked at Strike, they decided to retire the same day. "We never tried to get stationed together," said Rob-

ert. "We were just trying to serve our last tour in San Diego and El Centro was the closest we could get."

The Mersinos grew up in San Diego, but decided to stay here.



Photo By: JO1 Carmichael Yopez

Mirage Club welcomes first female cook

By **Becky Brister**

Catering Manager

For the last 15 years every cook at the Mirage Club has been a male. That trend ended the day Maria Santiago applied for the vacant position at the club.

Maria brings a lot of experience with her. She learned to cook at a very young age working in her parents restaurant. After high school she attended a culinary school where she learned about pastries,

Italian and Mexican food.

Since Maria arrived we have introduced a few new Mexican dishes like shrimp tacos, cactus leaf, carnitas and her specialty; cakes. We have received many compliments on some of the dishes she has introduced specially her cakes.

"This is the best tasting cake I've had since I've been here. Who made it?" said LT John Kline when he tasted one of the cakes Maria

made during a recent ceremony.

The cakes she makes are so good, we plan to introduce them to our lunch buffet daily.

Since Maria arrived she says she enjoys very much working here.

"I like the atmosphere and the people," said Maria "Everyone is very nice."

Maria is a native of El Centro. She is married and has two children ages 6 and 1.

Welcome Aboard Maria!

Photo By: MA2 Capri Griffith

NAF fire fighter selected as MWR Athlete of the Month

By **MA2 Capri Griffith**

Security

NAF El Centro Fire Department Battalion Chief, George Gomez was selected as Athlete of the Month for the month of August after taking first place in the bicycle race held at the Fitness Center during the month of August.

The race consisted of riding stationary bikes on a virtual trip

to Julian. Gomez made the trip in less than seven days riding more than 214 miles.

"I use to live in Julian so the trip wasn't that far for me. I made the drive everyday for years before I moved here," said Gomez.

Gomez has been dedicated to cycling for the past five years. He says he keeps in shape working out two hours a

day, something all fire fighters have to do in order to keep fit for the job they have to do.

Ten participants entered the contest all completing the 189-mile trip. MACS Cheryl Patterson came in second place and Executive Officer CDR Daniel Dennison finished third.

For more information on MWR sports activities call the Fitness Center at 339-2488.





Photos By:
LT John Kline



NAF El Centro celebrates POW/MIA Day

By **JO1 Carmichael Yopez**
Editor

Naval Air Facility El Centro celebrated POW/MIA Recognition Day with a ceremony featuring guest speaker CDR David J. Rollins USN (Ret), a Prisoner of War (POW) for six years during the Vietnam War.

The ceremony took place at the base Chapel on Tuesday September 15th. Guests included members from the local community and several local veterans organizations.

"It was living history," said Executive Officer CDR Daniel Denison. "We don't often have the opportunity to sit down and listen to somebody who was there when it happened."

Before talking about his experience in a Hanoi prison, Rollins spoke about the POWs of all wars and then explained the origins of how the POW flag originated.

"The Flag was initiated by a mother who was worried about her son and his life," Rollins said. "So she pressed the issue and went to the vice president of a company and convinced them something should be done as a reminder, perhaps a flag. The vice president went to his advertising agency and talked to the illustrator whose son was a Marine Corps officer. The silhouette on the flag is a drawing of his son. When illustrators submit their first copy, they do it in black and white, so when he

submitted it for a publication called "How Goes It" they were so impressed with it and sent it to publication not realizing the colors were default. I think the significance of the black and white flag with the guard tower is a tribute and something to remind us of prisoners missing in action from all wars."

The commander then talked about the worst day in his life, the day he was captured.

"If you think you've had a bad day," he said. "Let me tell you my story."

As the commander began to speak, he slowly transported the audience back to Vietnam. It was like being at a theater play when the lights begin to dim and suddenly the only thing you can

see are the actors on stage. The commander became three characters, the POW who endured six long years of captivity, his conscience and the man standing before us, a man who used his experience to learn about the important values in life.

As he shifted characters he occasionally added humor to his anecdote bringing the audience into a laugh. The story begins two weeks before the end of his second tour as his plane is shot down and he is forced to eject landing in a flooded rice paddy.

"The ejecting part was the only exciting part that day," Rollins said.

From there on things, just went down hill for him. He suffered 13 fractures when he



landed, so he could not move. This was just the beginning. He was able to say a few words, which most likely were the worst ones in our vocabulary before the locals captured him. He could not walk, so they had to pick him up and drag him along, but that was after stripping him from his clothes.

All this was happening while being shot at and bombed from above. Soon after, one of the locals stabbed him in the shoulder from behind with a homemade knife, which remained in his shoulder the rest of the day until the Vietnamese militia rescued him. The militia then paraded him displaying him in each village they passed. He was spit at,

stoned, punched and whipped with bamboo sticks until they finally arrived in Hanoi.

Three years later, Rollins family received a bit of relief when they learned he was still alive and was a Prisoner of War. Rollins continued his story describing how the Vietnamese treated him while in prison. He spoke of torture, malnutrition, isolation and much more.

Rollins endured some of the most extreme forms of treatment while a POW, but the amazing thing about his story was that it had a message about the values of life.

"You don't have to be shot down to be a prisoner," said Rollins. "You can be a prisoner of a lot of things. You are who

you are, so it is important that you come to terms with your self. One of the things I learned is that emotions are important. If there is no meaning in your life, there is despair."

Rollins concluded by reading a poem he wrote while in prison.

"No matter how bad of a day you're having there is always worse and he experienced that," said Command Master Chief Brian Bowman. "What impressed me the most was that he showed no bitterness or hard feelings for his captors. Anybody that has experienced what he has, and still continues with his life says a lot about a man in his position. He is an American hero."

Rollins was released from prison March 4, 1973. He received numerous awards and after his retirement in 1977 was employed as a management consultant and as an adjunct professor of business and management for Embry Riddle Aeronautical University and United States International University. He earned a bachelor's degree from the University of California, a master's degree from Pepperdine University and a Doctorate of Business Administration from United States International University.

Rollins currently lives in Escondido, California and is enjoying full time retirement.

Attention to Quarters



Photo By: MA2 Capri Griffith

Quarters was held on Thursday, August 19th at the base Chapel and on Thursday September 16th at the base theater. The following awards were presented.

Above from left to right, AO1 Frederico Lewis received a NAM, AO3 Michael Fox re-

ceived a LOC, MA1 (SW) Joseph Parry received a NAM and MA2 Jennifer Carlson was selected as Junior Sailor of the Quarter.

Below, HM3 Kenneth Wright was selected as Junior Sailor of the Month and AOAN Shannon House received a Flag LOC.



Welcome Aboard!

August/September Sailors

August. Welcome Aboard to our new Sailors and their families.

From left to right back row, ACAN Myles Muir, MASR Matt Rinker, and MA2 Jason Lowry.

Front row, AO2 Trent Zieglemann, ACAN Jacob Ruiz, MA1 Joseph Parry and DKSA Carlos Bonettcastillo.



September. Back row left to right, AT2 Ricardo Elias, AT2 Jody Perkins, A M E A N Fernando Rivero and YN3 Jeff Holmes.

Front row, AM2 Douglas Lehman, YN3 Luis Santana, MA2 Tim Cooger and AO1 Stan Stenson.





Photo By: MA2 Capri Griffith



Vincennes receives new coordinator

By MA3 Marco Vacca
Security

Welcome Aboard to Dolores Vacca. She recently took over as the site coordinator for Vincennes University after relieving Kim Bruanbeck.

For information on college courses with vincennes call Mrs. Vacca at 339-2986

September Yard of the Month Winners

Officer New Fund Housing
LT Karl Kickman
Enlisted New Fund Housing
ABF2 Robert Chiaravallotti
Enlisted Wherry Housing
SFC Michael Reid

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><i>Congratulations to our contest winners from our last issue of the Sandpaper. The following Sailors matched the correct cars to the right Sailors.</i> ACAN Jacob Ruiz AC2 Lorenzo Lopez <i>If you see these two Sailors ask them to come pickup their prize!</i></p>					<p>1 Family bowling every Friday night from 6 to 10 p.m.</p>	<p>2 Cosmic bowling every Saturday night from 6 to 10 p.m.</p>
<p>3 Mirage Club Buffet Bar Mon - Fri \$ 6.95 Salad Bar \$ 4.25 Don't forget to ask for the "Becky Special"</p>	<p>4 Navy League Dinner at the Mirage 6 p.m. Buffet Build your taco bar</p>	<p>5 Karaoke Night @ the Mirage Club 8 p.m. Buffet Salisbury Steak</p>	<p>6 Ladies Night @ the Mirage Club Ext. 2330 Buffet Pork Chops</p>	<p>7 Buffet Lasagna</p>	<p>8 Buffet Fish and Shrimp</p>	<p>9 Jr Bowling Competition 11 a.m. to 2 p.m. Ext. 2575</p>
<p>10 Laughlin Trip Bus leaves at 7 a.m. Call Ext 2486</p>	<p>10 Buffet Teriyaki Chicken</p>	<p>12 Karaoke Night @ the Mirage Club 8 p.m. Navy Birthday at the Cyber Cafe 1 to 5 p.m. Ext. 2330 Buffet Beef Stroganoff</p>	<p>13 Ladies Night @ the Mirage Club Ext. 2330 Buffet BBQ Beef Ribs</p>	<p>14 Buffet Italian</p>	<p>15 Theater Grand Opening Hero (PG-13) 5 p.m. Spiderman II (PG-13) 7 p.m. Buffet Fish and Shrimp</p>	<p>16 Navy Birthday Ball 6 p.m. at the Mirage Club</p>
<p>17 Sandwiches Bar Hours Mon & Tue 5 to 10:30 p.m. Wed 5 p.m. to 1:30 a.m. Thurs & Fri 5 to 10:30 p.m.</p>	<p>18 Buffet Chiles Rellenos</p>	<p>19 Karaoke Night @ the Mirage Club 8 p.m. Buffet Chicken Fried Steak</p>	<p>20 Ladies Night Sunrise Power Walk Buffet Baked Chicken</p>	<p>21 Buffet Rolled Tacos</p>	<p>22 Scary Movie Halloween Party at the small pool 8 to 11 p.m. (Free Food) Buffet Fish and Shrimp</p>	<p>23 Buy an ice cream get a free game of Bowling Ext. 2575</p>
<p>24 Trick or Treat 31</p>	<p>25 "Ghost Recon Tournament at the Cyber Cafe" Ext. 2330 Buffet Almond Chicken</p>	<p>26 Karaoke Night @ the Mirage Club 8 p.m. Buffet Mexican</p>	<p>27 Ladies Night @ the Mirage Club Ext. 2330 Buffet Tri-Tip</p>	<p>28 Buffet Lasagna</p>	<p>29 Kids Halloween Party at the small pool 6 to 9 p.m. Ext. 2027 Buffet Fish and Shrimp</p>	<p>30</p>

Junior League Bowling

By MA2 Capri Griffith
Security

On Saturday, August 7th, the junior bowling league had its final game when nine youngsters completed 16 weeks bowling their hearts out.

This year the junior bowling team took 2nd place in the Southwest region. This is the second year the NAF El Centro summer junior league took place.

"The Bowling League was an alternate for summer fun without the sun," said Bowling Alley Manager, Amadou "Butch" Mbodj.

The program included a four-hour clinic in San Diego where children learned bowling techniques followed by a bowling competition in San Diego and North Island.

On the last day of the season, the participants received trophies and new bowling balls. This was Butch's way of saying thanks for all the hard work the children put into the league.

If you are interested in learning more about programs at the Bowling Alley call 339-2575.

HALLOWEEN SAFETY

Halloween "Trick or Treat" will be from 6 to 8 p.m., on Sunday October 31. If you are participating, turn your porch light on. The following are safety tips for Halloween:

- Paint children's faces instead of using a mask. Masks prevent field of vision.
- Ensure your child's costume fits correctly to prevent from tripping.
- Carry a flashlight to light your way and to be seen.
- Insure costumes are flameproof or flame retardant
- Keep costume accessories to a minimum. Your child is not going to want to drag a sword for two hours.
- Carry a sturdy bag or container for holding the goodies.
- Inspect all candy before eating.
- Throw away fruit and homemade goodies unless you know and trust the person giving it out.
- Throw away any candy not wrapped.
- Respect the Halloween decorations.
- An adult must accompany all children.
- Drive at 5 MPH and keep parking lights on if driving your child from neighborhood to neighborhood. Have a happy Halloween and be safe! Clara Parrish, NAF El Centro Housing Director.